

SPL Greg Vogler Memorial Co-Ed Meet
~ RACE FORMAT ~

The goal of the SPL's GVM Co-Ed Meet is twofold: (1) provide a meet venue that is strictly for fun; there is NO team scoring and (2) provide an opportunity to earn a place ribbon for those student athletes who normally do not place in the top 25 finishers.

RACE FORMAT:

Comprised of 8 races with two flights at each grade level, boys and girls run together at the same distances as the other four SPL meets and in the same racing order:

Race #1: 5th Grade Boys & Girls Flight #1 – 1.0 mile
Race #2: 5th Grade Boys & Girls Flight #2 – 1.0 mile
Race #3: 6th Grade Boys & Girls Flight #1 – 1.5 miles
Race #4: 6th Grade Boys & Girls Flight #2 – 1.5 miles

Race #5: 7th Grade Boys & Girls Flight #1 – 2.0 miles
Race #6: 7th Grade Boys & Girls Flight #2 – 2.0 miles
Race #7: 8th Grade Boys & Girls Flight #1 – 2.0 miles
Race #8: 8th Grade Boys & Girls Flight #2 – 2.0 miles

Flight #1 is comprised of boys and girls who have finished in the top 25 finishers (i.e. won an individual top 25 ribbon) in either the first or second SPL meet of the season. Boys and girls will race together at the same time and each gender will be awarded finish place ribbons 1 – 25; i.e. top 25 boys earn ribbons and the top 25 girls earn ribbons for a total of 50 ribbons being distributed in Flight #1.

Flight #2 includes all runners who did NOT finish in the top 25 in either SPL Meets #1 or #2. Boys and girls also race together at the same time and each gender is awarded finish place ribbons 1 – 35; i.e. the top 35 boys are awarded ribbons and the top 35 girls are awarded ribbons for a total of 70 ribbons distributed to Flight #2 runners for each race.

FOR CLARIFICATION: Flight #1 is for runners who have received a ribbon in either of the first two meets. It does not matter if the runners are running up a grade level for the Co-Ed meet, if they have received a ribbon, they must run in Flight #1. Flight #2 is ONLY for runners who have NOT received a ribbon in the first two meets. Also, if you have a runner who did not run in either of the first two SPL meets please place him/her in the appropriate flight/race if you know that they are a top 25 capable finisher.

Starting Line / Finish Line / Chute Operations:

Flight #1 will have about 1/3 of the runners for each grade. Flight #2 will have 2/3 of the runners for each grade and Meet Officials should allow extra room and time for completion of Flight #2 races. However, the time limits for each race to be completed based on grade will be observed in order to keep the meet moving.

5th Grade – 12 minutes
6th Grade – 18 minutes

7th Grade – 24 minutes
8th Grade – 24 minutes

Runners will be allowed to finish in the chute, but coaches should make arrangements to (1) identify those runners who are not able to complete their races in the allotted time so they are not incorrectly awarded a ribbon, as well as, (2) making arrangements to time these runners so they have a finish time.

There will be two chutes for each race; one for Boys and one for Girls with both timers and tag pullers assigned for each gender. Chute workers should be aware that boys and girls will be finishing at the same time, and should make sure that each finishing runner is directed to the correct chute. Tag pullers should be aware that they will be pulling tags for all 8 races.

Races cannot overlap as each gender will require an official timer and backup timer; i.e. there will be one official and backup timer for Boys and one official and backup timer for Girls. As a consequence, Timers should be aware that they will each time and backup 8 races rather than the normal 4 races. Note: Arrangements can be made to supplement the usual contingent of four timers with additional timers in order to keep the meet moving along in a timely manner.