

SPL Coed Format Races

Race 1: 5th grade Flight 1 Race for a distance of 1 mile for boys and girls who have finished in the top 25 in either of the first or second SPL race of the season (i.e., won a ribbon for finishing in the top 25 in either of the first two races). The boys and girls will be running together at the same time with the awards as follows: ribbons for boys finishing 1 thru 25 among the boys only, ribbons for girls finishing 1 thru 25 among the girls only. Team ribbons for the top 6 teams that are determined by the top 3 runners of each school combining boys and girls finishes. For example, a school total will be 55 points for a team that had a boy finish in 15th place, a girl finish in 15th place overall and a boy finish in 25th place. To be considered a team there must be at least one boy, one girl and one more runner of either gender.

Race 2: 5th grade Flight 2 Race for a distance of 1 mile for boys and girls who have NOT finished in the top 25 in either of the first or second SPL race of the season. The boys and girls will be running together at the same time with the awards as follows: ribbons for boys finishing 1 thru 25 among the boys only, ribbons for girls finishing 1 thru 25 among the girls only. Team ribbons for the top 6 teams that are determined by the top 5 runners of each school, combining boys and girls finishes. See Flight 1 Race for details for determining team places, with the exception that 5 runners count for each school team due to the many more runners in the Flight 2 Race as compared to the Flight 1 Race. To be considered a team there must be at least one boy, one girl and three more runners of either gender.

Races 3 and 4 are 6th grade, 1-1/2 miles, races 5 and 6 are 7th grade, 2 miles and races 7 and 8 are 8th grade, 2 miles, and are all run in the same manner.

There will be two chutes, one for Boys and one for Girls with both timers and tag pullers for each gender. Chute workers should be aware that boys and girls will be finishing at the same time and to make sure that each runner is directed to the correct chute.

In the event of a tie, the next runners place will be added to break the tie. In the event that only one of the tied teams has an additional runner that team will receive the higher place automatically. This rewards that team for having greater depth. In the event that neither team has an additional runner the last scoring runner's place will break the tie. Example, two teams tie for third place with a score of 48, last scoring place on team one was 24, last scoring place on team 2 was 20, team 2 would be awarded third and team 1 would be awarded fourth.

Important Note: If you have a runner who did not run in the first two meets please place him/her in the appropriate race meaning if you know he/she is a top 25 runner then they are to be in the ribbon winner race.

Starting Line - Flight #1 will have about 1/3 of the runners for each grade and Flight #2 will have 2/3. Allow an extra room and time for Flight #2. Races cannot overlap since we'll need two timers and two backups for each race.

Timers should be aware that they will each time and back up 8 races rather than the usual 4 each.

Tag Pullers - should be aware that they will be pulling tags for all 8 races.

Chute Workers – should be aware that both boys and girls are finishing at the same time and direct them to the correct chute.

Finish Line Ribbons - #6-25 will be distributed at the chute like usual, except that schools distributing the ribbons will both do this for all 8 races. Individual #1-5 ribbons for boys and girls in each flight will be passed out at the ceremony as usual.

Awards Ceremony - For each of the 8 flights, we'll pass out: 1) Top 5 boys individual ribbons, and 2) Top 5 girls individual ribbons. For Flight #1, we'll give out Top 6 3-person teams. For Flight #2, we'll give out Top 6 5 person teams.